

**To: Visiting Coaches, Student-Athletes, and School Administrators**

From: Sam Adkins M.Ed, AT, ATC, CHES  
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On behalf of the West Geauga High School Sports Medicine staff, we would like to welcome you to our campus. This letter is to clarify my role in providing care to your team, based on limits established by my licensing board and University Hospitals Standard Operating Procedures. I have also included information regarding the nearest medical facilities, and what you can expect while on campus.

**Emergency Preparedness:** Prior to the beginning of each game, there will be a brief meeting with myself, the game officials, and a representative from your coaching staff to review emergency action procedures, as is required by the CVC.

**Water:** 5 or 10 gallon coolers of water will be provided, but we are a cup-free campus. Athletes will need to supply their own water bottles. I can provide a loaner set for each event if needed.

**Nearest Medical Facilities and Drugstores**

<b>Hillcrest Hospital Emergency Department</b> (Cleveland Clinic) 7.1 mi	6780 Mayfield Rd Mayfield Heights, OH 440-312-4600
<b>Geauga Medical Center Emergency Room</b> (University Hospitals) 10.6 mi	13207 Ravenna Rd Chardon, OH 440-285-6000
<b>UH Mayfield Heights Urgent Care</b> 7 Days a Week 8am - 8pm	1300 SOM Center Rd Mayfield Heights, OH 440-210-4140
<b>Cleveland Clinic Lyndhurst Urgent Care</b> M-F 9am - 9pm S/Su 8am - 4pm	5195 Mayfield Rd Lyndhurst, OH 440-442-0400
<b>CVS Pharmacy Chesterland</b> M-S 9am - 9pm Su 10am - 7pm	8519 Mayfield Rd Chesterland, OH 440-729-9070
<b>Drug Mart Chesterland</b> M-S 8am - 10pm Su 9am - 9pm	12575 Chillicothe Rd Chesterland, OH 440-729-2400

### **Injuries/Wound Care**

- Emergency care for life/limb threatening injuries
- Basic assessment and first aid for bumps, bruises, bleeding, and other acute injuries
- Pregame taping
  - Notification from your school's Athletic Trainer is required

**Ice bags are available upon request.** If your athlete is going to come in and out of a game, it is recommended that they wait to ice until they have finished for the day. Icing and quickly returning to activity places the athlete at an increased risk of injury.

At the conclusion of each game, I will be able to assist with moving injured athletes to the bus if they have sustained a lower extremity injury. We have a gator available for outdoor sports, and I am able to loan crutches to any athlete injured on campus. I will be sure to send a text or email to your school's ATC regarding any injured athletes at the end of the day.